



Senior A - Competition Rules 2026:

- All games will be fixed by Fixtures Committee and played in neutral venues.
- All results into two tables: Win = 3 points Draw = 1 point
- Failure to fulfil a fixture/concede a fixture will result in -3 points. ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3.** Please note that any team who concedes a game during the competition will automatically be relegated.
- Concession of a game must be emailed by the Club Secretary to the Adult Fixtures Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 15 players on CC2 team sheets for all games.

Quarter Finals:

Game 1: 2nd v 3rd in Group 1

Game 2: 2nd v 3rd in Group 2

Relegation: 4th Group 1 v 4th Group 2.

Losing team relegated to Senior B

Semi Finals:

1st Group 1 v Winner Group 1 Q final (Game 1)

1st Group 2 v Winner Group 2 Q final (Game 2)

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Offs and Relegation games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
- Adult Fixtures Committee's decision is final.
- Where competition rules are not specified by the Adult Fixtures Committee – An Treoir Oifigiúil applies.



Senior B - Competition Rules 2026:

- All games will be fixed by Fixtures Committee and played on a Home and Away basis with first named team having Home Advantage.
- Home team manager to contact both the opposition and the Coordinator to arrange fixture
- Fixture must be notified to the Coordinator at least **4 days prior to the play by date** and by 8pm otherwise Home Advantage goes to opposition who have **24 hrs** to fix the game. If this is not done, Adult Fixtures will set the game.
- All results into two tables: Win = 3 points Draw = 1 point
- Failure to fulfil a fixture/concede a fixture will result in -3 points. ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3.** Please note that any club that concedes a game during the competition will automatically be relegated.
- Concession of a game must be emailed to the Adult Fixtures Secretary by the Club Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 15 players on CC2 team sheets for all games.

Quarter Finals:

Game 1: 2nd v 3rd in Group 1 (2nd in group has Home Advantage)

Game 2: 2nd v 3rd in Group 2 (2nd in group has Home Advantage)

Relegation: 4th Group 1 v 4th Group 2. (Game to be played in a neutral venue)

Losing team relegated to Intermediate

Semi Finals: (Games to be played in a neutral venue)

1st Group 1 v Winner Group 1 Q final (Game 1)

1st Group 2 v Winner Group 2 Q final (Game 2)

Senior B Winner promoted to Senior A.

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Offs and Relegation games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
- Adult Fixtures Committee's decision is final.
- Where competition rules are not specified by the Adult Fixtures Committee – An Treoir Oifigiúil applies.



Intermediate - Competition Rules 2026:

- All group games to be played Home and Away (first named team has home advantage with the exception of Mayo teams)
- Home team manager to contact both the opposition and the Coordinator to arrange fixture
- Fixture must be notified to the Coordinator at least **4 days prior to the play by date** and by 8pm otherwise Home Advantage goes to opposition who have **24 hrs** to fix the game. If this is not done, Adult Fixtures will set the game.
- All results into two tables: Win = 3 points Draw = 1 point
- Failure to fulfil a fixture/Concede a fixture will result in -3 points . ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3.** Please note that any club that concedes a game during the competition will automatically be relegated.
- Concession of a game must be emailed to the Adult Fixtures Secretary by the Club Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 15 players on CC2 team sheets for all games.

Quarter Finals:

Game 1 2nd v 3rd in Group 1 (2nd in group has Home Advantage)

Game 2 2nd v 3rd in Group 2 (2nd in group has Home Advantage)

Relegation: 4th Group 1 v 4th Group 2. (Game to be played in a neutral venue)

Losing team relegated to Junior A

Semi Finals: (Games to be played in a neutral venue)

1st Group 1 v Winner Group 1 Q final (Game 1)

1st Group 2 v Winner Group 2 Q final (Game 2)

Intermediate Winner promoted to Senior B

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Offs and Relegation games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
- Adult Fixtures Committee's decision is final.
- Where competition rules are not specified by the Adult Fixtures Committee – An Treoir Oifigiúil applies.



Junior A - Competition Rules 2026:

- All group games to be played Home and Away (first named team has home advantage with the exception of Mayo teams)
- Home team manager to contact both the opposition and the Coordinator to arrange fixture
- Fixture must be notified to the Coordinator at least **4 days prior to the play by date** and by 8pm otherwise Home Advantage goes to opposition who have **24 hrs** to fix the game. If this is not done, Adult Fixtures will set the game.
- All results into two tables: Win = 3 points Draw = 1 point
- Failure to fulfil a fixture/Concede a fixture will result in -3 points . ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3.** Please note that any club that concedes a game during the competition will be automatically be relegated.
- Concession of a game must be emailed to the Adult Fixtures Secretary by the Club Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 15 players on CC2 team sheets for all games.

Quarter Finals:

Game 1 2nd v 3rd in Group 1 (2nd in group has Home Advantage)

Game 2 2nd v 3rd in Group 2 (2nd in group has Home Advantage)

Relegation: 4th Group 1 v losing team Q Final Game 2. (Game to be played in a neutral venue)

Losing team relegated to Junior B

Semi Finals: (Games to be played in a neutral venue)

1st Group 1 v Winner Group 1 Q final (Game 1)

1st Group 2 v Winner Group 2 Q final (Game 2)

Junior A Winner promoted to Intermediate.

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Offs and Relegation games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
- Adult Fixtures Committee's decision is final.
- Where competition rules are not specified by the Adult Fixtures Committee – An Treoir Oifigiúil applies.



Junior B - Competition Rules 2026:

- All group games to be played Home and Away (first named team has home advantage with the exception of Mayo teams)
- Home team manager to contact both the opposition and the Coordinator to arrange fixture
- Fixture must be notified to the Coordinator at least **4 days prior to the play by date** and by 8pm otherwise Home Advantage goes to opposition who have **24 hrs** to fix the game. If this is not done, Adult Fixtures will set the game.
- Win = 3 points, Draw = 1 point
- Failure to fulfil a fixture/Concede a fixture will result in -3 points . ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3.**
- Concession of a game must be emailed to the Adult Fixtures Secretary by the Club Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 15 players on CC2 team sheets for all games.

Semi Finals:

Top 4 teams progress to Semi Finals

Team 1 vs Team 4

Team 2 vs Team 3

Teams 1 and 2 have Home Advantage

Junior B Winner promoted to Junior A

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Offs and Relegation games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
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Junior B 12 a-side - Competition Rules 2026:

- All group games to be played Home and Away (first named team has home advantage with the exception of Mayo teams)
- Home team manager to contact both the opposition and the Coordinator to arrange fixture
- Fixture must be notified to the Coordinator at least **4 days prior to the play by date** and by 8pm otherwise Home Advantage goes to opposition who have **24 hrs** to fix the game. If this is not done, Adult Fixtures will set the game.
- Win = 3 points, Draw = 1 point
- Failure to fulfil a fixture/Concede a fixture will result in -3 points . ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3**
- Concession of a game must be emailed to the Adult Fixtures Secretary by the Club Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 12 players on CC2 team sheets for all games.

Semi Finals:

Top 4 teams progress to Semi Finals

Team 1 vs Team 4

Team 2 vs Team 3

Teams 1 and 2 have Home Advantage

Final: Winner promoted to Junior B 15-a-side

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Offs and Relegation games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
- Adult Fixtures Committee's decision is final.
- Where competition rules are not specified by the Adult Fixtures Committee – An Treoir Oifigiúil applies.



Junior C - Competition Rules 2026:

- All group games to be played Home and Away (first named team has home advantage with the exception of Mayo teams)
- Home team manager to contact both the opposition and the Coordinator to arrange fixture
- Fixture must be notified to the Coordinator at least **4 days prior to the play by date** and by 8pm otherwise Home Advantage goes to opposition who have **24 hrs** to fix the game. If this is not done, Adult Fixtures will set the game.
- All results into two tables: Win = 3 points Draw = 1 point
- Failure to fulfil a fixture/Concede a fixture will result in -3 points . ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3.** Please note that any club that concedes a game during the competition will automatically be relegated.
- Concession of a game must be emailed to the Adult Fixtures Secretary by the Club Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 15 players on CC2 team sheets for all games.

Quarter Finals:

Game 1: 2nd v 3rd in Group 1 (2nd in group has Home Advantage)

Game 2: 2nd v 3rd in Group 2 (2nd in group has Home Advantage)

Relegation: 4th Group 1 v 4th Group 2 (Team with highest points has Home Advantage. If both teams have equal points, team with least scores conceded get Home Advantage)

Losing team relegated to Junior C1

Semi Finals:

1st Group 1 v Winner Group 1 Q final (Game 1)

1st Group 2 v Winner Group 2 Q final (Game 2)

Junior C Winner promoted to Junior B

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Offs and Relegation games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
- Adult Fixtures Committee's decision is final.
- Where competition rules are not specified by the Adult Fixtures Committee – An Treoir Oifigiúil applies



Junior C1 - Competition Rules 2026:

- All group games to be played Home and Away (first named team has home advantage with the exception of Mayo teams)
- Home team manager to contact both the opposition and the Coordinator to arrange fixture
- Fixture must be notified to the Coordinator at least **4 days prior to the play by date** and by 8pm otherwise Home Advantage goes to opposition who have **24 hrs** to fix the game. If this is not done, Adult Fixtures will set the game.
- All results into two tables: Win = 3 points Draw = 1 point
- Failure to fulfil a fixture/Concede a fixture will result in -3 points . ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3.** Please note that any club that concedes a game during the competition will automatically be relegated.
- Concession of a game must be emailed to the Adult Fixtures Secretary by the Club Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 15 players on CC2 team sheets for all games.

Quarter Finals:

Game 1: 2nd v 3rd in Group 1 (2nd in group has Home Advantage)

Game 2: 2nd v 3rd in Group 2 (2nd in group has Home Advantage)

Relegation: 4th Group 1 v 4th Group 2. (Team with highest points has Home Advantage, if teams are on equal points then least scores conceded has Home Advantage)

Losing team relegated to Junior D

Semi Finals:

1st Group 1 v Winner Group 1 Q final (Game 1)

1st Group 2 v Winner Group 2 Q final (Game 2)

Junior C1 Winner promoted to Junior C

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Offs and Relegation games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
- Adult Fixtures Committee's decision is final.
- Where competition rules are not specified by the Adult Fixtures Committee – An Treoir Oifigiúil applies



Junior D - Competition Rules 2026:

- All group games to be played Home and Away (first named team has home advantage with the exception of Mayo teams)
- Home team manager to contact both the opposition and the Coordinator to arrange fixture
- Fixture must be notified to the Coordinator at least **4 days prior to the play by date** and by 8pm otherwise Home Advantage goes to opposition who have **24 hrs** to fix the game. If this is not done, Adult Fixtures will set the game.
- All results into two tables: Win = 3 points Draw = 1 point
- Failure to fulfil a fixture/Concede a fixture will result in -3 points . ****Note: Any team who concedes a game cannot progress to the knockout stages of the competition, i.e. quarter final, semi-final or final – Official Rule 33.3.**
- Concession of a game must be emailed to the Adult Fixtures Secretary by the Club Secretary.
- The following fines will be imposed on teams who concede games:
Concession of one game: **€100**
Concession of subsequent games: **€250 per game to a maximum fine of €500.**
Removing a team from competition altogether after fixtures are issued to clubs: **€500**
- Clubs **MUST** tick their starting 15 players on CC2 team sheets for all games.

Quarter Finals:

Game 1: 2nd v 3rd in Group 1 (2nd in group has Home Advantage)

Game 2: 2nd v 3rd in Group 2 (2nd in group has Home Advantage)

Semi Finals:

1st Group 1 v Winner Group 1 Q final (Game 1)

1st Group 2 v Winner Group 2 Q final (Game 2)

Junior D Winner promoted to Junior C1

- **Least Scores Conceded** will apply where teams finish on the same points.
- If teams 3 and 4 finish equal on points within a group, there will be a playoff on or before date TBC.
- All games to be played on or before the dates specified by the Adult Fixtures Committee.
- The only reason acceptable for postponement of matches shall be the death of an immediate family member or grandparent. In this instance, games must be refixed within 3 days with the coordinator and played within 7 days of the original postponement.
- Postponement request must be emailed by Club Secretary to Fixtures Secretary for approval.
- Failure to fulfil a knockout game or withdrawal from the competition at any stage will also result in the automatic withdrawal of all lower graded teams from the same club.
- Quarter Final, Semi Finals, Play Off games are **results on the day**. Should a game end up level after the full time whistle, a further 10 mins per side will be played. If teams remain level after this time, a further 5 mins per side will be played. Should teams still remain level, the game will be decided upon by the taking of frees. Teams who do not abide by the extra time rule will be fined €250.
- Adult Fixtures Committee's decision is final.
- Where competition rules are not specified by the Adult Fixtures Committee – An Treoir Oifigiúil applies